

Get Your Flu Vaccine!

Vaccinated individuals are 60% less likely to need treatment for the flu by a healthcare provider. Getting the vaccine has been shown to offer substantial other benefits including reducing illness, antibiotic use, time lost from work, hospitalizations, and deaths.



Visit www.provider.bcbs.com or call 888-222-9206 to find a provider near you

There are **TWO TYPES** of vaccine, the flu shot and the nasal spray. Both protect against the same virus strains. **Vaccinations often fall under preventative benefits and are covered in full. Check your plan to be sure.**



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